

# SDUHSD College & Career Scope and Sequence

The SDUHSD Counseling Department recognizes the importance of all students having access to college and career information to assist them in planning for post-secondary options of their choosing. The college and career themes and activities in the scope and sequence offer grade-level lessons or presentations in the areas of course planning, career exploration, and aligning student interests to future areas of study, training, and careers. SDUHSD counselors participate annually in training related to college and career counseling and work collaboratively with all stakeholders to assist with students being college and career ready upon high school graduation.

7th Grade	
THEME	ACTIVITY
Student Study Skills	<ul style="list-style-type: none"> <li>Lesson: organization, time management, and self-advocacy</li> </ul>
Career Exploration	<ul style="list-style-type: none"> <li>Lesson: using an online tool, students will complete an interest profile, explore job descriptions, earnings, education levels, and sample career paths.</li> </ul>
Course Planning	<ul style="list-style-type: none"> <li>Presentation: an introduction to six-year course planning by connecting Career Technical Education (CTE) Pathways and interest profile activity to course planning.</li> </ul>

8th Grade	
THEME	ACTIVITY
Linking Personality Type to Career Exploration Introduction to High School and Beyond	<ul style="list-style-type: none"> <li>Lesson: using an online tool, students will look further into linking personality type with careers and career pathways. Introduction to diploma, A-G college admission requirements, and post-high school options.</li> </ul>
Course Planning	<ul style="list-style-type: none"> <li>Presentation: during high school registration, students will learn about post-high school options, review Career Technical Education Pathways, and be re-introduced to diploma and college requirements to assist with high school course selection.</li> </ul>

9th Grade	
THEME	ACTIVITY
High School Transition	<ul style="list-style-type: none"> <li>Presentation: topics include study skills, site college and career resources and events</li> </ul>
Career Interest Inventory	<ul style="list-style-type: none"> <li>Lesson: students will complete an interest profile followed by a discussion of results and how to apply to future course selection and post-high school planning.</li> </ul>
Course Planning	<ul style="list-style-type: none"> <li>Presentation: Students will review diploma, college requirements, and CTE Pathways to assist with course and post-high school planning. Focus: graduation requirements and how to review a transcript.</li> </ul>

10th Grade	
THEME	ACTIVITY
Career and Community	<ul style="list-style-type: none"> <li>Lesson: using an online tool, students will connect interests to careers and access program/major search. Will include discussion on “soft skills” needed to connect with others in the workplace.</li> </ul>
Résumé Building	<ul style="list-style-type: none"> <li>Students have ongoing access to an online presentation about the purpose of a résumé that will include a résumé sample and template with instructions on how to save to Google account.</li> </ul>
Course Planning	<ul style="list-style-type: none"> <li>Presentation: Students will review diploma, college requirements, and CTE Pathways to assist with course and post-high school planning. Focus: A-G requirements and academic testing.</li> </ul>

11th Grade	
THEME	ACTIVITY
Post High School	<ul style="list-style-type: none"> <li>Lesson: post-high school research and review options based on interests, current résumé, transcripts, and test scores.</li> </ul>
Résumé Building	<ul style="list-style-type: none"> <li>Students have ongoing access to a saved online résumé presentation to serve as a reminder for students to update coursework and/or participation in activities.</li> </ul>
Course Planning	<ul style="list-style-type: none"> <li>Presentation: Students will review the diploma, college admission requirements, and CTE Pathways to assist with course and post-high school planning. Focus: transcript review</li> </ul>

12th Grade	
THEME	ACTIVITY
Post-High Planning Process	<ul style="list-style-type: none"> <li>Presentation: post-high school planning timeline and school site process for college and career applications.</li> </ul>
Senior Exit Survey	<ul style="list-style-type: none"> <li>Presentation: remaining post-high school preparation, complete Senior Exit Survey</li> </ul>

**Online Tools that may be used:**

[CA Career Zone](#)

[California Colleges.edu](#)

[California State University](#)

[College Board Big Future](#)

[Common Application](#)

[University of California](#)

[Additional College & Career Resources](#)